

# ART IN YOUR INBOX

#### JANUARY 2016



#### **Turning Our Stories Into Song**



"When you're a musician, you're as good as a doctor."That's COMPAS artist Charlie Maguire's philosophy, and it's hard to argue with him when you hear his reasoning. "You write a song and sing it, and you make people feel better.

There were a whole lot of people feeling great during Charlie's afternoon songwriting workshops at Open Circle in January. The Apple Valley group shared stories, jokes and advice, then got down to the business of writing a song. From the or singing along, every person

ggesting a word or a line or singing along, every person in the circle was engaged and open to the process.

rn more about the wide range of COMPAS' Artful Aging programs.



Before You Go

(Refrain)
Before you go
I want you to know
I'll be waiting for you at home
Before you go away ething to say

As you journey far May <u>your</u> skies be blue Wherever you are--And if the rain does fall And the <u>clouds</u> are dark You'll still hear my voice Like a meadowlark!

(Verse Two)
You'll never be alone
If you have good friends
Peace within that never e
For home and family
And those we love
All helping hands
And grace from up above

\*By Open Circle Apple Valley Songwriters W/Add'l Words & Music by Charlie Maguire Held In Trust Copyright 2016-Mello-Jamin Music All Rights Reserved

#### **Introducing Our New Mission Statement!**



Check out the new blog post to learn more about the revamped statement.

### Catch Up With The Blog!

Three new blog posts in January! COMPAS artist of 40 years, <u>John Minczeski shares</u> how we can all use creativity since it's a skill we all already have. Take a look at our enduring partnership with Children's Hospitals and how the work COMPAS does brings <u>comfort during hospital stay</u>.

## **Creative Conversations**

#### Artist Spotlight: Supreme Songsmith, Charlie Maguire

"Not every child has family willing to take them to concerts, art galleries, or museums. Within the school setting, with the help of COMPAS artists, children, and adults can literally go anywhere.

Check out Charlie's journey from New York "C" student to mid-west troubadour.





## Youth Boost with Kara Andree

"It is interesting now, how much each practice - teaching and making artwork - influence each other. They intermingle in ways that are more exciting than I could have imagined."

Read where the arts took Kara and how she is still using what she learned in COMPAS' donor-supported ArtsWork apprenticeship program.

## It's Never Too Early...



To mark your calendars for Saturday, April 23rd for our second annual Arts & Crafts event. Last year's attendees had an awesome time (see picture).

Enjoy craft beer & spirits & live music from Candid Kid, plus a solo, acoustic performance from LISSIE!

Early bird tickets available now!



Your support of creativity propels older adults to thrive in this world. Research shows, people who practice the arts as they age visit the doctor less, take less medication, have higher morale, and reduced rates of depression. Will you join COMPAS today in ensuring people of all ages have access to high-quality creative experiences?



COMPAS is a nationally-recognized provider of arts education programs.











